



DISCOVER SCUBA

OPEN WATER+

ADVENTURE DIVER+

ADVANCED OPEN WATER+

RESCUE DIVER & EFR & DEMP

SPECIALTIES

MASTER SCUBA DIVER

DIVEMASTER & EMERGENCY 1ST RESPONSE

ASSISTANT INSTRUCTOR

IDC STAFF INSTRUCTOR

OPEN WATER & SPECIALTY INSTRUCTOR

MASTER SCUBA DIVER TRAINER

MASTER INSTRUCTOR

COURSE DIRECTOR

Malibu Divers

21231 Pacific Coast Hwy

Malibu CA 90265

310.456.2396

malibudivers@verizon.net

www.malibudivers.com

EMERGENCY FIRST RESPONSE

CREATING CONFIDENCE TO CARE

Emergency First Response (EFR) is the fastest-growing international CPR, Automatic External Defibrillator (AED) and First Aid training organization. Dedicated to training the lay rescuer, EFR courses encompasses adult, child and infant CPR skills, provides AED and First Aid training, and feature an outstanding First Aid at Work component. The company's award-winning programs and state of the art training materials make it a favorite among divers and non-divers around the world because being prepared for an emergency is good for everyone! Most people have found that the EFR Program to be important skill for every day life. By taking a significant step in emergency preparedness, you will feel confident that you can provide care should an emergency situation arise.



Our courses meet OSHA Guidelines 29 CFR 1910.151 compliance standards for workplace safety at the local, regional and national levels. Courses follow Guidelines for Cardiopulmonary Resuscitation and emergency cardio-pulmonary care standards set by the Basic Life Support (BLS) Working Group of the International Liaison Committee on Resuscitation (ILCOR). Other organizations that recognize EFR as meeting their requirements are United States Coast Guard, The Boy Scouts of America, and the American Council on Exercise (ACE), to name a few.

What do I need to start?

- No prior certification required
- No minimum age limit
- What will I do?

The course incorporates independent study to prepare you for classroom and hands-on skill development session with your instructor. You will learn the same patient care techniques used by medical professionals, but at a lay person level.

How long will it take?

Depending on the amount of independent study and the class size, the Primary Care and Secondary Care courses may be completed in as little as four hours to five hours.

What is included?

- Participant Manual & Certification card
- Recommended Participant Video (VHS or DVD)
- Recommend a pocket mask

Contact us for details on how to hold an EFR course at your work place.

EMERGENCY FIRST RESPONSE